

Merrill Spring Guard Class 2018

Cost: \$80 (MAPS students)
\$100 (for public)

Student Schedule

- June 10th (5pm-6pm) *Sunday*
 - Optional prerequisite practice
 - **HIGHLY RECOMMENDED**
- June 11th-15th (12pm-5pm) *Monday-Friday*

There will be a 30 minute break for lunch. Students may bring their own lunch or leave for lunch. There is a fridge and microwave available for use. Students must have completed the online portion of the course before attending the in-person portion of the class. The online portion is 7 hours long. Please do not rush through the online portion. There will be two written tests and 2 skill tests based off of both the online and in-person content.

*Schedule is subject to change.

It is required that students attend every class period. There will be no makeup work or time provided for students who miss class. Classes will be held at Prairie River Middle School. We will be meeting in the pool area on the first day. Payment will also be collected on the first day. There are no refunds provided to students who do not pass.

Please be ready to perform the prerequisites to this class on day one. Those skills include:

- 1. Swim 300 yards using front crawl and breaststroke**
- 2. Swim from the shallow end to the deep end, retrieve a brick, and swim back to the shallow end in 1 minute and 40 seconds (without goggles).**
- 3. Tread water for 2 minutes using only your legs**

There will be an optional prerequisite practice night before the first night of class. Students who fail to perform these skills **will not** be allowed to continue with the class.

Please bring the following materials to every class:

- Lifeguard manual (provided)
- CPR mask (provided)
- Swimsuit (one that fits comfortable and will not shift while swimming)
- Towel
- Goggles
- Whistle (available at Wal-Mart and the dollar store)
- Notebook
- Writing utensil
- Snacks/water
- Team work skills
- Good attitude

Upon completion of this class students will be given American Red Cross certifications in Lifeguarding, CPR, AED, and First aid, lasting two years. Students will also be given (but not guaranteed) employment opportunities at multiple facilities.

To sign-up or if you have any questions please email me ☺

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Sign-up ends June 1st

Space is limited